

Redding Gastroenterology

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PROCEDURE: **EGD (Upper Endoscopy)**

FACILITY: _____

PATIENT: _____

DATE OF EXAM: _____

ARRIVAL TIME: _____

PLEASE READ THESE INSTRUCTIONS AT LEAST ONE WEEK PRIOR TO YOUR PROCEDURE. Following this schedule will prepare you for a safe and convenient experience.

One week before EGD:

- Stop taking blood thinning medication at least one week prior to procedure. This includes **Coumadin, Plavix, Xeralto, Aggrenox, Pradexa, Eliquis, Savaysa.**
- Consult your PCP/Cardiologist if the indication for blood thinners are:
 - a) Atrial fibrillation with H/O strokes
 - b) Mechanical artificial heart valves
 - c) Recent pulmonary embolism
 - d) Recent placement of a cardiac stent
- If you are taking aspirin prescribed by your physician you may continue taking it but please inform our office.
- Arrange for a ride home for the day of your exam. This person should be known to you and by law, has to be at least 18 years old. If you are disabled or anticipate difficulty with mobility in a semi-sedated state, it would be advantageous to have this person stay with you for a few hours after arriving home. Taxis are acceptable only if you are accompanied by an adult companion.

One day before EGD:

- Fast after midnight or at least 12 hours prior to appointment time.
- **You may have only clear liquids until four hours before your arrival time.**
- Please arrive on time and wear loose, comfortable clothing.
- Bring your photo ID and your Insurance card.
- **Diabetic Patients:**
 - a) If on oral medication, hold medication on the evening prior to procedure.
 - b) If on insulin, take half of insulin dose on the evening prior to procedure and hold insulin dose on morning of procedure.

Please note:

- If you have any questions about your exam, please feel free to discuss them with Dr. Singh at 530-243-1166.
- **Cancel/Reschedule Policy:** You **MUST** cancel or reschedule within 24 hours of your procedure or there will be a \$100.00 fee charged to you.